

POST OPERATIVE CARE

ESOPHAGOSCOPY/BRONCHOSCOPY



An **esophagoscopy** is an examination of the inside of the esophagus with a thin-lighted tube. An esophagoscopy with dilatation is a procedure that is used to dilate or stretch a narrowed area of your esophagus.

A **bronchoscopy** refers to an endoscopic technique used to visualize the inside of the airway for diagnostic or therapeutic purposes. If an abnormal area is found during examination, tissue specimens will be obtained for biopsy.

Prior to Surgery

- **The surgery coordinator will notify you of the pre-admissions appointment as well as any necessary testing**
- **The hospital will notify you of the medications you can take the morning of surgery**
- ***Please refrain from taking any aspirin containing products two weeks prior to surgery***

The day before surgery

The surgery coordinator will call you the day prior to surgery to give you your hospital check in time.

Please **do not** eat anything after 12AM the night before your surgery.

Clear liquids are allowed until up to 2 hours before the surgery time.

After Surgery

- Please begin with clear liquids and advanced diet to soft foods/normal diet as tolerated.
- Tylenol and ibuprofen can be used for pain management. They can be taken together at the same time every six hours or alternating every three hours.

Please refer to medication bottles for dosing guidelines.

- For biopsies: please allow 7-10 business days to be notified of results.
- A follow up appointment will be made for one month after your surgery day.

Contact our office immediately if you experience the following: excessive swelling, bleeding or warmth over the incision site, fever greater than 101°, pain not relieved with pain medications or nausea/vomiting not relieved with medication.

828-263-5684 Or After hours 1-800-893-6743